GABRIELLA Miller



CREATIVE PORTFOLIO

BRANDING WEBSITE GRAPHIC DESIGN

BRANDING



I CARE FOR PEOPLE

BRAND BOOK

2022

CONTENTS

LOGO

TYPOGRAPHY

COLORS

PHOTOGRAPHY

ILLUSTRATION

LANGUAGE & COPY

SOCIAL MEDIA

VIDEO

PARTNERSHIPS



LOGOS

Our logo
Elements & Versions
Examples


CARE
FOR PEOPLE


CARE
FOR PEOPLE


CARE
FOR PEOPLE


CARE


ICFP


ICFP


CARE
FOR PEOPLE


CARE
FOR PEOPLE


CARE
FOR PEOPLE


CARE
FOR PEOPLE


ICFP


ICFP



TYPOGRAPHY

Brand fonts

Our favorite fonts

Poppins
Poppins ExtraBold
POPPINS MEDIUM
POPPINS THIN

Bodoni FLF
Bodoni FLF Bold
BODONI FLF UPPERCASE

Nunito
Nunito Light
Nunito Bold
Nunito Sans Black
Nunito Sans Regular
Nunito Sans Extra Light

Monsterrat
Montserrat Classic
Montserrat Thin
Montserrat Extra-Bold
Montserrat Extra-Light
Montserrat Semi-Bold


CARE
FOR PEOPLE
COLORS
Primary colors
Secondary colors
p.7

#B84527

#547925

#222222

Our favorite colors

#244879

What's the meaning behind our colors?

Our primary colors are the colors most commonly found in Asian country flags. This aludes to our work in Asia. They've been softened for more natural, neutral tones.

Secondary colors

#BCC482

#875E53

#3F3E3A

#819DAF

#EDC000



PHOTOGRAPHY

Rules

Photography Rules

Do ✓

Use photos that show community, diversity, interesting shots, project highlights.



Avoid ✗

Photos that portray Westerners as "saviors." Instead, focus on images that show local leaders, partnerships, and communities working together on projects.



Photography Rules





Stylizing

Creativity is encouraged as long as it is on brand. The examples above are on brand because it is simple, clean, and dynamic. It does not take away from the image, but instead enhances the subject and lends a sense of cohesiveness when there is a mix of illustrations and photos in ICFP content streams.





Filters/Photo editing

Photos should be edited/fitted with filters that enhance colors that are on brand (see page x for brand colors). While these of course do not need to match exactly, photo color schemes should be close to brand. Some tips: high vibrancy, generous amount of fade, enhanced clarity.

Photography Rules



Flexible Rules

If possible, avoid blurry and busy photos. However, these can have value as showing they are coming straight from our partners on the ground. In cases such as these, avoid using low quality photos in large frames and edit to improve appearance



Flexible Rules

While we stay away from using images that portray beneficiaries suffering, there are times where these photos are appropriate. We like to focus on images that show power, confidence, and ability in our partners on the ground, but we want to be honest about the issues we are tackling.



ILLUSTRATION

Styles & Rules

Illustration style

This style is unique to the ICFP brand. We want to create an artistic representation of a fusion of both traditional culture and modern times. The characters shown in these illustrations will be created with traditional techniques (ie. the stylized faces with large features) but with modern elements such as modern day clothing and/or accessories.

Example: Musée de Cluny







ICONS

Rules



Do
Use icons that have thin lines.

Avoid
Using icons with complex imagery.

Do
Ensure icons look like light stamps or engravings, not like stickers.





LANGUAGE & COPY

Copy tone
Style samples

Copy tone

How do we speak? Who are we to our audience?

Our voice is friendly, smart, and simple. We are a person, a person who is part of a movement made of our audience. Everything we write is written by a person, for a person, for the community. We like to keep things casual, and we might throw a cheeky emoji or gif in there ;)

Think of our voice as being personified through our brand fonts. We have a couple san serif fonts - these are used when we are speaking with our more casual audience on social media, for example. Our serif fonts are used for our more formal communications - holiday greetings, for example.

While we stay personal and casual, we keep things professional. While we are friendly, we are knowledgable. We are experts on best practices, the communities, and issues we are working on.

Language samples

STYLE TIPS	BAD	GOOD
Avoid big words.	It can be overwhelming to comprehend the magnitude that 663 million people represents.	It can be hard to imagine what 663 million people looks like.
Keep sentences simple.	The field teams of our local partners are chosen on the basis that their organizations have years of experience and acquired knowledge.	Our local partners have years of experience and lots of knowledge.
Stay positive.	Make your birthday actually mean something. You don't really need presents, so tell people to give money to ICFP instead.	Birthdays can change the world. Pledge your next birthday for clean water and make this your best birthday yet.
Don't be too casual.	Drinking dirty water and not having toilets totally sucks. It kills tons of people—more than guns or stabbings or crime or war.	Diseases from unsafe water and lack of basic sanitation kill more people every year than all forms of violence, including war.
Focus on real people.	There are many Ethiopians without clean water. In fact, more than half the population lacks access to clean, safe drinking water.	In Ethiopia, millions of people don't have clean water. Millions of mothers like Helen can't give their children clean, safe drinking water.

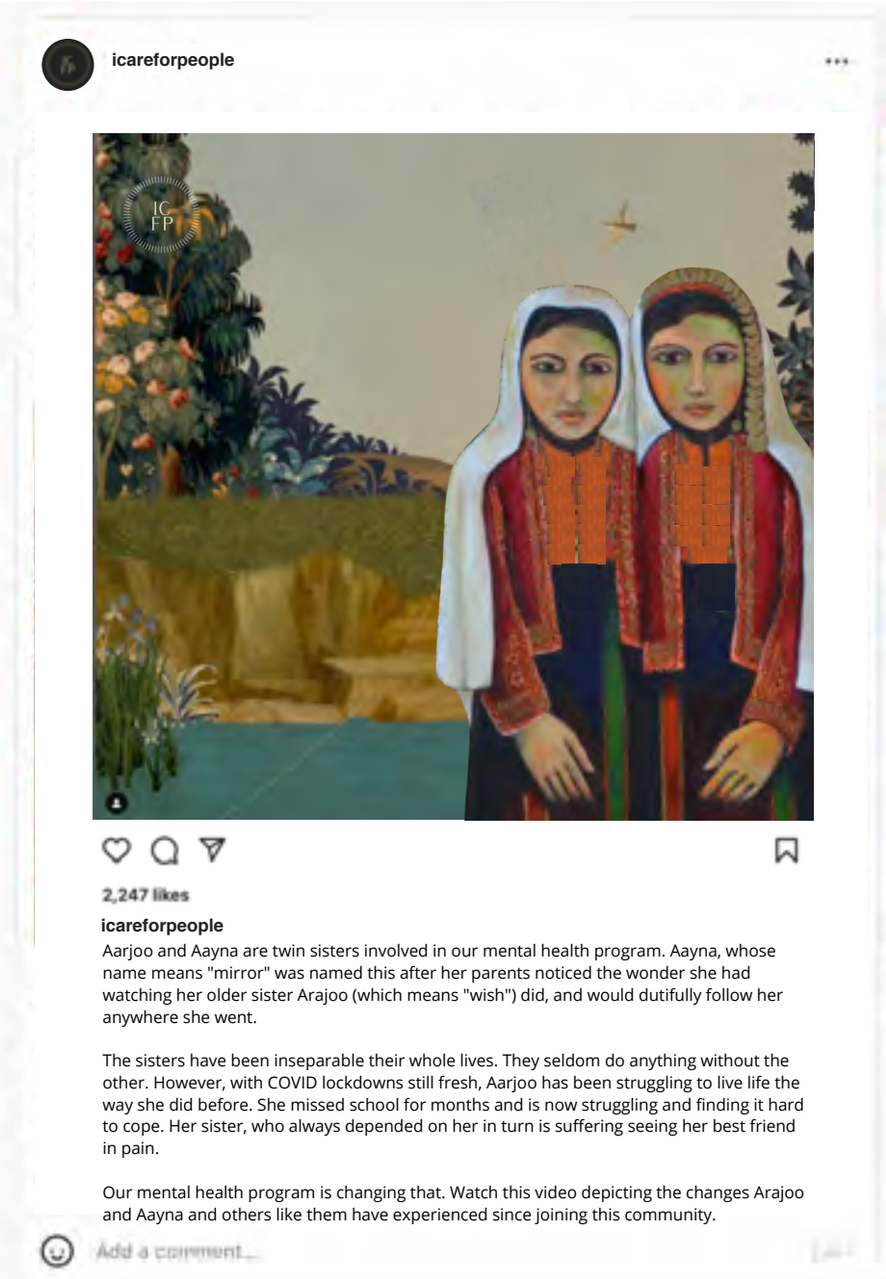
*FROM CHARITY: WATER

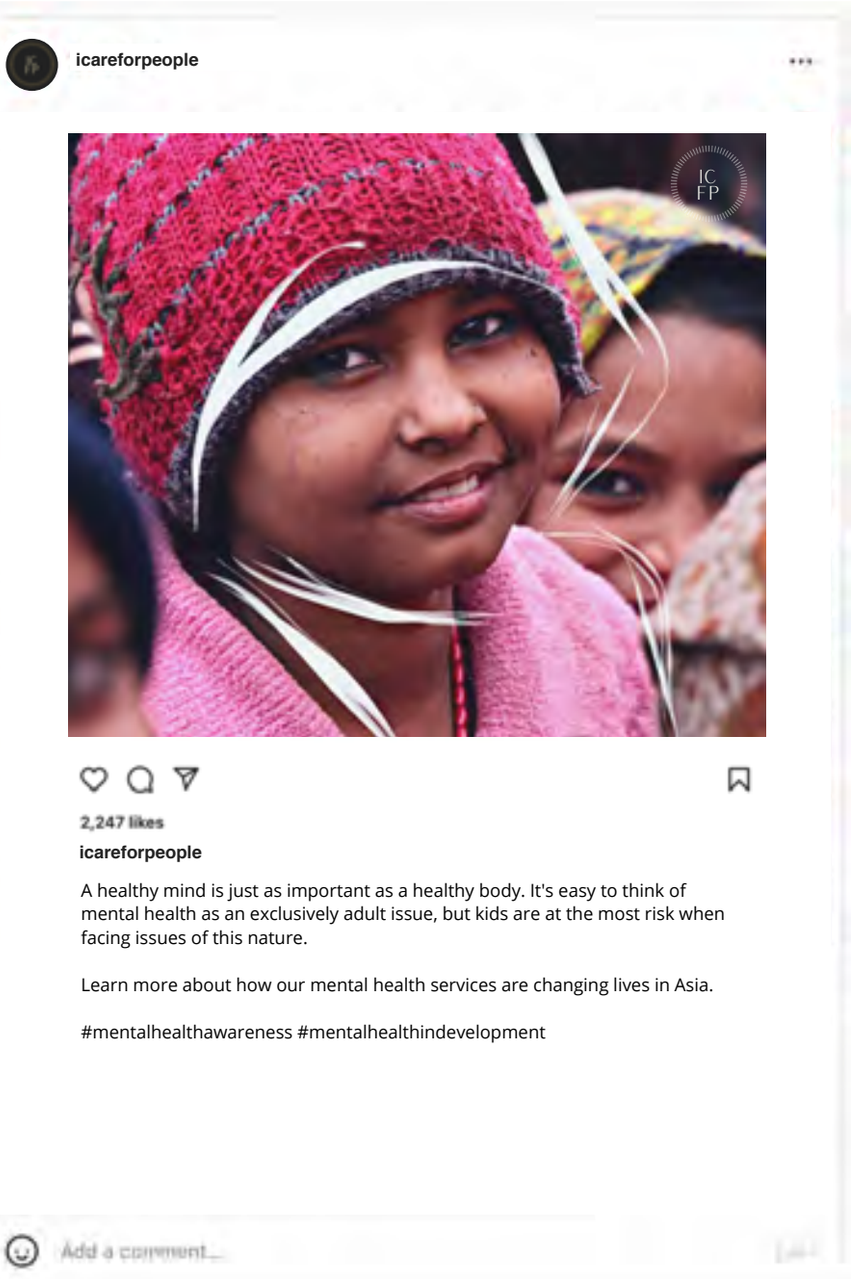


SOCIAL MEDIA

Copy tone
Style samples

Post samples





Our favorite platforms

We love **Facebook** because it's the place where people truly feel like friends. It's as good for awareness and inspiration as it is for behind the scenes and thought leadership. It's also one of our top traffic drivers.

Instagram is a natural fit because it's so visual. We love using beautiful imagery to connect people with our work. There aren't a lot of clicks happening there, but engagement is huge, and it's a perfect storytelling platform.

Twitter is another great venue for awareness and engagement. While posts get buried pretty quickly, it's still a strong traffic driver, and we love the immediacy. It's the perfect place to celebrate supporters and say thank you.

TikTok is a playful storytelling haven. It's a great place to connect with a younger, highly engaged audience and demonstrate transparency. Results are difficult to measure, but the engagement is well worth it.

YouTube boasts one of the most loyal and engaged communities that we've seen. It's great for awareness and feedback; an ideal place to tell stories and connect with storytellers.

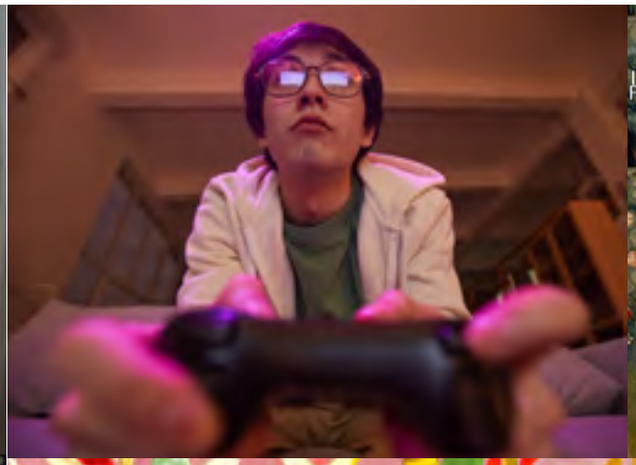


VIDEO

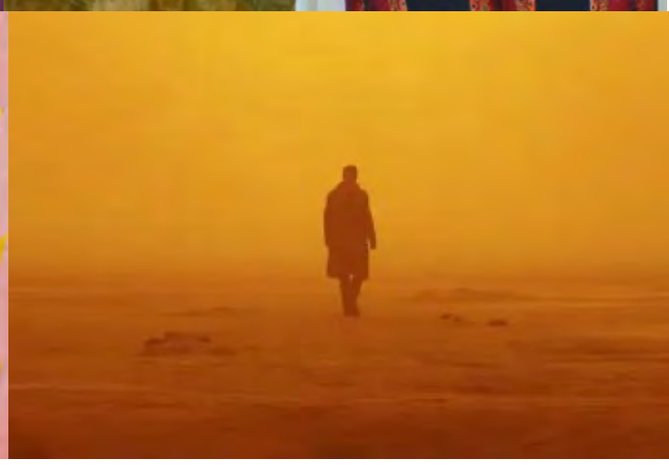
Approaches
Examples & Suggestions

Approaches

Video is the most powerful marketing tool nonprofits have. We use video to connect in a more personal way than any other media. We want our audience to develop a personal tie to our work, even if the video we are utilizing is animated. Remember, animation can tell a story as powerfully as live action when the story is created and presented in the right way.





Examples & Suggestions

- Videos that show our personality



- Videos that thank *every single person* in our community



Examples & Suggestions

- Videos that show impact and tell stories



- Videos that inspire giving & participation





PARTNERSHIPS

Co-Branding
Community involvement
Digital Media
Print Materials
Working Without Our Logo


CARE
FOR PEOPLE

JMJ COMMUNITY PARTNERS

BRAND GUIDELINES

Table of Contents

Table of Contents 02

Brand Story 03

Logos 04

Color Palette 05

Typography 06

Images 07

Branding Style 08

Brand Application Examples 09

Brand Story

INTRODUCTION

At JMJ Community Partners, we believe in the sacredness of daily life and the dignity of every person. Each life is a gift, worthy of honor, care, and love. Out of this conviction, JMJ was born—a response to the quiet but urgent call for care rooted in relationship, dignity, and faith.

Our founders recognized how overwhelming it can be for families to navigate the Medicaid system, advocate for their loved ones, and find long-term support. Many of us have walked that road ourselves. We know firsthand that true support goes beyond paperwork—it's about walking beside families, offering guidance, and ensuring that no one feels alone.

That's why JMJ intentionally stays small and personal. We don't believe in cookie-cutter solutions. Instead, we work closely with every family, tailoring care plans to each person's unique story, needs, and goals. Whether through in-home care, community support, or disability navigation workshops, our services are built on one simple principle: love people deeply and do the little things well.

But JMJ is about more than services—it's about community. We want every individual we serve to grow in independence, confidence, and joy, while also belonging to something greater. Our mission is to show families that they're not just receiving care; they're part of a supportive, faith-rooted community that believes in them.

In a world where disability services can feel impersonal and overwhelming, JMJ Community Partners offers something different: a guiding hand, an advocate, and a partner who sees every person as a reflection of God's love. Together, we transform dependence into freedom—because when care is rooted in love, it builds not only independence but also hope.

01

Brand Guidelines Element

In these guidelines, you will find detailed instructions on how to use our brand assets correctly, including our logo, color scheme, typography, imagery style, and tone of voice. These elements are crucial in creating a cohesive and recognizable brand presence, whether it be in marketing materials, digital content, product design, or customer service.

02

Brand Guidelines Goal

Our goal with these guidelines is not to restrict creativity, but to provide a framework that ensures our brand is represented consistently and accurately, no matter where it appears. This consistency is key to building trust and recognition with our audience, which in turn, strengthens our brand's identity and market position.

Logos

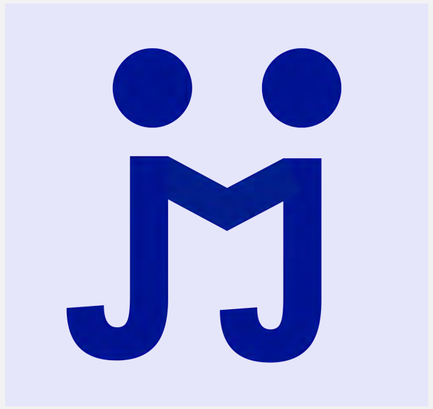

JMJ
COMMUNITY
PARTNERS


JMJ
COMMUNITY
PARTNERS


COMMUNITY
PARTNERS




COMMUNITY
PARTNERS



Color Palette

Primary

001840
102A71
C6A003
F5C400
FFDC5F
FFFDF0

Secondary

E6E6FA
800080
CC5500
128F6A
E8E8ED

Typography

Aa

Jost

Jost (Style)

AaBbCcDdEeFfGgHhIiJj Kk Ll MmNnOo PpQqRr SsTt UuVvWwXxYyZz 01 234 5678910

Jost (Paraghraph)

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Mulish (Style)

Mulish (Paraghraph)

Aa

Mulish

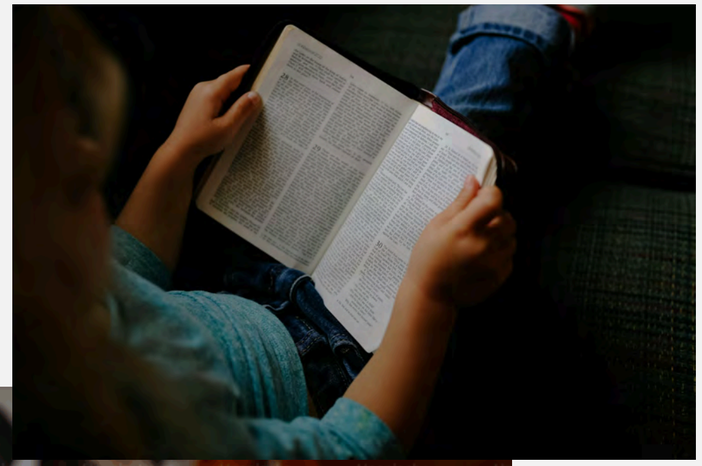
AaBbCcDdEeFfGgHhIiJj Kk Ll MmNnOo PpQqRr SsTt UuVvWwXxYyZz 01 234 5678910

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Imagery Style

Imagery style in art and design refers to the distinctive way that visual elements are used to create and convey meaning. It encompasses the specific techniques, methods, and aesthetic choices made by an artist or designer to craft images that resonate with viewers.







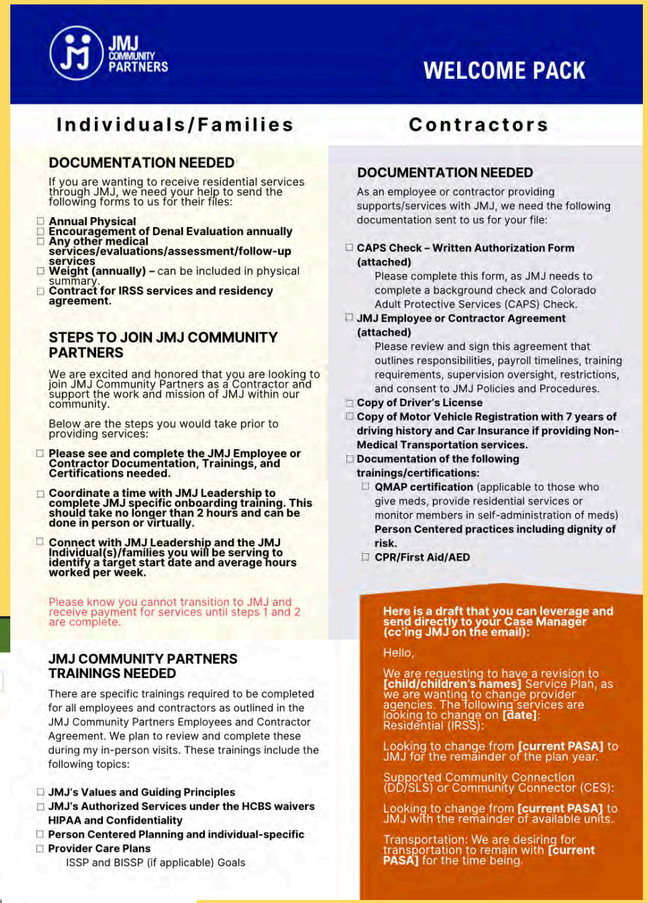
Branding Style



Brand Application Examples

“Brand Applications" refer to the various ways a brand's identity, including its logo, colors, typography, and overall design style, is applied across different mediums and products. It encompasses how the brand's visual and communication elements are consistently and effectively used to maintain brand identity and recognition, Here are some examples of brand applications.





AMORE FERTILITY

Brand guide

LOGOS / FONTS / COLORS

01 LOGOS



Primary logo



Wordmark



Tan



Blue



White on navy

02 FONTS

Arial

Suggested sans serif / headings & digital copy

Times New Roman

Suggested serif / editorial & body copy

Font suggestions based on the reference; exact typefaces are unconfirmed.
Keep logo lettering as supplied artwork.

03 COLORS

Navy
#2D335A
RGB 45, 51, 90

Tan
#D4C3AE
RGB 212, 195, 174

Blue
#AEB5CC
RGB 174, 181, 204

White
#FFFFFF
RGB 255, 255, 255

Color values sampled from supplied logo files.

Primary Logo

DECIDED EXCELLENCE
CATHOLIC MEDIA

Submark

Secondary Logo

DECIDED EXCELLENCE
CATHOLIC MEDIA



Color Palette

Primary
003663
C-100, M-50, Y-0, K-60

Secondary
fcaf17
C-0, M-35, Y-100, K-0

7592c1
C-50, M-30, Y-0, K-10

f26e50
C-0, M-55, Y-67, K-5

Typography

Aa

Gotham

Jost (Style)

AaBbCcDdEeFfGgHhIiJj KkLlMmNnOoPpQqRrSsTt UuVvWwXxYyZz 012345678910

Jost (Paraghraph)

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Aa

Ovo

Ovo (Style)

AaBbCcDdEeFfGgHhIiJjKkLlMmN nOoPpQqRrSsTtUuVvWwXxYyZz 012345678910

Mulish (Paraghraph)

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

WEBSITE

Welcome to JMJ Community Partners, where we honor the dignity of every human person through dedicated service.

About Us | Our Services | Blog and News | Contact Us | Events | Resources | Get Our Info Pack Now

Supporting People with Disabilities—and the Families Who Walk Beside Them

We believe in the sacredness of daily life.

JMJ Community Partners is a Medicaid-approved provider agency specializing in Colorado Medicaid disability services**, delivering in-home and community-based support for individuals with intellectual and developmental disabilities.** We ground our care in relationship, dignity, and the quiet rhythms of everyday life—where true support takes root.

We intentionally stay small so we can work closely with each family, offering hands-on guidance and truly personalized care. We honor each person's unique story, needs, and goals through thoughtful, individualized support that respects the dignity of daily life.

At JMJ, many of us have walked this road ourselves. We understand how overwhelming the system can feel, and we walk alongside you every step of the way.

✓ SERVICES FOR INDIVIDUALS WITH DISABILITIES IN COLORADO ✓ WORKSHOPS ON NAVIGATING THE DISABILITY SYSTEM IN COLORADO ✓ ADVOCACY

✓ CARE PLANS CONSULTATION ✓ COMMUNITY EVENTS ✓ NEWS & LATEST UPDATES ON DISABILITY LAWS AND MORE IN COLORADO



Welcome to JMJ Community Partners, where we honor the dignity of every human person through dedicated service.

About Us | Our Services | Blog and News | Contact Us | Events | Resources | Get Our Info Pack Now

A PRACTICAL GUIDE FOR LIVE-IN FAMILY CAREGIVERS

Live-in care should feel simpler.

This page is for family caregivers who live in the same home as the person they support through JMJ. Use it to understand the live-in EVV exemption, what Difficulty of Care may mean for your payments and taxes, and which forms and official resources to keep handy.

Download guide as PDF ↓

YOUR THREE-STEP ROADMAP

Start with the step you need now, or follow the path from top to bottom.

01 **Confirm your EVV exemption** — See whether you qualify and exactly what to send JMJ. ↓

02 **Understand your payments** — Learn what Difficulty of Care may mean for your income and 1099. ↓

03 **Save the official resources** — Keep the IRS and Colorado guidance within easy reach. ↓

01 / EVV Exemption

Skip the clock-in

YOUR EVV EXEMPTION PATH

01 Confirm that your permanent residence is the same as the individual you support.

Welcome to JMJ Community Partners, where we honor the dignity of every human person through dedicated service.

JMJ RESOURCE PORTAL

What can we help you find?

Choose the path that fits you. From first steps to everyday forms and guidance, everything is organized around what you need to do.

FOR
Families & Individuals
New to JMJ or already receiving services

FOR
JMJ contractors and employees
Getting onboarded or finding work resources

01
FAMILIES + INDIVIDUALS
I'm new to JMJ
Start here for services, contacts, and what happens next

02
FAMILIES + INDIVIDUALS
I already work with JMJ
Find ongoing service resources and important updates

03
JMJ CONTRACTORS AND EMPLOYEES
I'm a new contractor or employee
Complete onboarding and prepare to begin work

04
JMJ CONTRACTORS AND EMPLOYEES
I'm an existing contractor or employee
Access forms, rates, timekeeping, and guides

FAMILIES + INDIVIDUALS

Your JMJ family hub

Get started, understand services, and find the information your family uses most.

Can't find something?
Get in touch with JMJ



Documents & resources — Forms and guides

01	**Getting started with JMJ** Info pack: services and first steps · PDF	OPEN
02	**Live-in Caregivers Guide and Tax Information** Guidance and tax information for live-in caregivers	OPEN
03	**Advance directives** Colorado advance health care directive forms · PDF	OPEN
04	**Medicaid Disability Application Guide** Application instructions and supporting documents · PDF	OPEN
05	**HCPF resources** Colorado Community First Choice resources	OPEN
06	**Individual rights** DRAFT Rights for individuals receiving services · Word document	DOWNLOAD
07	**Agency call list** DRAFT JMJ and community contacts · Word document	DOWNLOAD

COMMUNITY PLATFORM

Join the JMJ conversation.

Connect with JMJ families, individuals, contractors and employees in one secure place.

Open the community chat

JMJ Community Chat
12 members online — View all conversations

Maya Patel 9:14 AM
Good morning! Does anyone know where I can find the updated EVV exemption form?

Daniel Harper 9:19 AM
Hi Maya — it's in the contractor and employee resources section just below. I used the new version yesterday.

Karen · JMJ Team 9:23 AM
That's right. I've also added it to the pinned resources. Let me know if you need help completing it.

Maya Patel 9:25 AM

News, events & featured resources

View all updates

Leadership calendar

Manage calendar

See when JMJ leaders are out of the office and who to contact while they're away.

Previous month | This month | Next month

September 2026

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

September 2026

No PTO entries have been posted for this month.

Shaded dates have scheduled PTO. Select a date for details.

Welcome to JMJ Community Partners, where we honor the dignity of every human person through dedicated service.

About Us | Our Services | Blog and News | Contact Us | Events | Resources

Get Our Info Pack Now

Blog

The JMJ blog is built on real voices—stories, feelings, and lessons shared by the community. It's a place to connect, learn from one another, and find support in the experiences of people walking similar paths.



PEOPLE

Meet our Operations Director: Kelly

JULY 31, 2026



PEOPLE

Caregiver Appreciation Month in Colorado: 16 Ways to Honor Caregivers

DECEMBER 23, 2025



PEOPLE

Meet Our Executive Director: Megan Niemaszyk

JULY 2, 2025

News

At JMJ, we keep you up to date on disability news, community life, and resources across Colorado—so you can stay informed and supported. Advocacy, awareness, and shared knowledge are at the heart of everything we do.

RMHS – What happens when policy changes?

Imagine – Medicaid Updates 2026: What families need to know

Colorado Sun – Medicaid Cuts for Sustainability

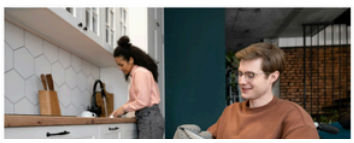
RMHS – Medicaid Funding and Appropriations

DP- Medicaid Policy Pulse June 2026

RMHS – From Institutions to Community: How LTSS Evolved







NOT A STUDENT? FIND OUT MORE ABOUT HOW TO GET INVOLVED WITH FOCUS IN YOUR PARISH!

focus STUDENTS PARISH SUPPORT A MISSIONARY GIVE MENU

FOCUS PARISH CLERGY PARISHIONERS RESOURCES



FOCUS Parish

Home | Clergy | Parishioners | Resources

focus parish

Your Parish. Ignited by the Gospel.

The call to missionary discipleship is for **YOU.**

FOCUS Parish walks with priests, parish staffs, diocesan leaders, catechists, and lay parishioners to ignite deeper conversion and raise up leaders in your parish who are trained and equipped to make disciples.

- What is FOCUS Parish?
- Parishioners
- Clergy
- Resources
- Give



St. James the Greater | Arlington Heights, IL

Location: 820 N. Arlington Heights Rd. Arlington Heights, IL 60004
Parish Missionary: Joe Doe

Contact This Parish

FOCUS Missionaries have served at St. James the Greater since 2010. To reach the many young families in this large, vibrant parish outside of Chicago, FOCUS Missionaries host monthly formation nights to encourage the whole family in their walk of discipleship. Then they meet in small groups of parishioners as they dive deeper in prayer and give them tools to share their faith with others.
"**FOCUS has transformed the culture of our parish into a culture of missionary discipleship.**"



How Can Missionary Discipleship Transform Your Parish?



How Can FOCUS Transform Your Parish Community? (VIDEO SUMMARY)

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat.

Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

View Video Transcript | View Video Summary



WANT TO LEARN MORE?

CLERGY | PARISHIONERS

Send Us an Email

FOCUS Parish is not a plug-and-play program. It's a partnership to ignite transformative discipleship in **YOU** to reach **YOUR** people. Reach out to learn more!

Name (Required)
First Name | Last Name
Email (Required)
email@website.com

Every week, FOCUS sends out the best resources available to:

- Help you **grow** in your faith
- Improve your **evangelization** strategy
- Ignite your **community** on fire for Christ

Sign up for free right now!

SIGN UP NOW

First Name | Last Name | Email*

How are you connected to FOCUS?*
Benefactor | FOCUS Alumni | Mission Partner | Priest/Religious | Parishioner | Student | Other

SUBMIT

focus parish RESOURCES





The Spiritual Life of a Missionary Disciple in the Parish and Beyond | Ann Lankford

ANN LANKFORD



Salvation History: A Catholic Bible Study, Continuing with Ezra and...

READ MORE

focus

© 2024 FOCUS | Privacy Policy

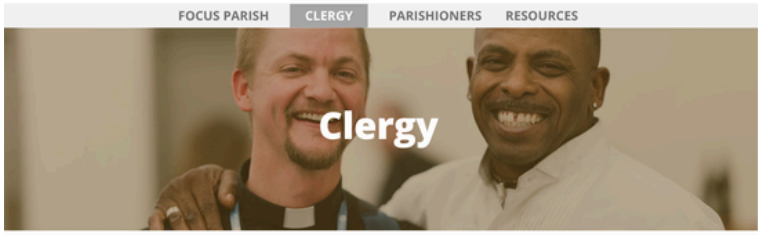
Fellowship of Catholic University Students, Tax ID: #84-1522811

WHAT WE DO | MYFOCUS
CHAPLAINS | CAREERS
CAMPUSES | PRAY
GIVE | ANNUAL REPORTS
SHOP | CONTACT

NOT A STUDENT? FIND OUT MORE ABOUT HOW TO GET INVOLVED WITH FOCUS IN YOUR PARISH!

focus STUDENTS PARISH SUPPORT A MISSIONARY GIVE MENU

FOCUS PARISH CLERGY PARISHIONERS RESOURCES



Clergy

Imagine not doing it alone.

Priests have so many administrative tasks. But who helps you get from behind the desk to live as a true spiritual father? How can a discipleship approach help raise up lay leaders in your parish who will reach more souls for Christ?

Journey with experienced FOCUS missionaries and brother priests—inspiring and encouraging one another to make evangelization, ongoing conversion and discipleship the heartbeat of parish life.

"FOCUS has helped me re-embrace why I was ordained. Not to be an administrator but to be a spiritual father who proclaims the Father's love and mercy."

—Fr. Jeff Lewis
Diocese of Spokane, WA





I AM A MISSIONARY: Brandon and Nicole Pangan

Brandon and Nicole are missionaries at Mary, Seat of Wisdom Parish in Park Ridge, IL.

"Nicole and I are passionate about the renewal of the heart of the Church—the parish. The Church, encompassing people of all ages, has always and will continue to call missionaries to model, encourage and invite souls to true relationship with Jesus Christ amidst the world around them. We get to live out the mission of the laity in a radical way using all the resources and experiences that FOCUS provides."



Learn how FOCUS Parish can partner with you.

- St. Timothy Fellowship for Priests
- FOCUS Parish Missionaries
- Diocesan Evangelization

focus parish RESOURCES





The Spiritual Life of a Missionary Disciple in the Parish and Beyond | Ann Lankford

ANN LANKFORD



Salvation History: A Catholic Bible Study, Continuing with Ezra and...

READ MORE

Send Us an Email

FOCUS Parish is not a plug-and-play program. It's a partnership to ignite transformative discipleship in **YOU** to reach **YOUR** people. Reach out to learn more!

Name (Required)
First Name | Last Name
Email (Required)
email@website.com

Every week, FOCUS sends out the best resources available to:

- Help you **grow** in your faith
- Improve your **evangelization** strategy
- Ignite your **community** on fire for Christ

Sign up for free right now!

SIGN UP NOW

First Name | Last Name | Email*

How are you connected to FOCUS?*
Benefactor | FOCUS Alumni | Mission Partner | Priest/Religious | Parishioner | Student | Other

SUBMIT

SEEK

Be inspired to go deeper in your faith. Gain confidence to share the hope of the Gospel with anyone you encounter. Learn how to mentor others on their journey of faith. The **Making Missionary Disciples Track** will gain vision and practical training for living as a disciple of Christ in everyday life, diving into topics related to parish life, marriage and family, prayer and evangelization.

Learn more and register



focus

© 2024 FOCUS | Privacy Policy

Fellowship of Catholic University Students, Tax ID: #84-1522811

WHAT WE DO | MYFOCUS
CHAPLAINS | CAREERS
CAMPUSES | PRAY
GIVE | ANNUAL REPORTS
SHOP | CONTACT

NOT A STUDENT? FIND OUT MORE ABOUT HOW TO GET INVOLVED WITH FOCUS IN YOUR PARISH!

focus STUDENTS PARISH SUPPORT A MISSIONARY GIVE MENU

FOCUS PARISH CLERGY PARISHIONERS RESOURCES



"Insert parishioner quote"

Parishioner Name

Meet the Missionaries

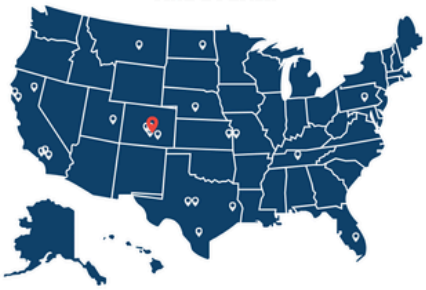

Ethan & Alli Holverson


Luke Hellwig


Josh & Jess Paiement


Alex Pandolfo

Find a Parish



Don't see your parish on the map? Learn how to bring FOCUS Parish to your parish.

St. James the Greater | Arlington Heights, IL

Location: 820 N. Arlington Heights Rd. Arlington Heights, IL 60004
Parish Missionary: Joe Doe

Contact This Parish

FOCUS Missionaries have served at St. James the Greater since 2009. To reach the many young families in this large, vibrant parish outside of Chicago, FOCUS Missionaries host monthly formation nights to encourage the whole family in their walk of discipleship. Then they meet in small groups of parishioners as they dive deeper in prayer and give them tools to share their faith with others.

"FOCUS has *transformed the culture of our parish into a culture of missionary discipleship.*"



Evangelization doesn't have to be intimidating. Live as a missionary disciple today!

Get FOCUS' *Foundations for Discipleship* articles

"My parishioners are more confident and equipped to share the faith and bring their evangelistic passion to all areas of parish life. And they are training others to go out and share the Gospel themselves."

–Fr. Kyle Ratuiste
Diocese of Spokane, WA



View Video Transcript



""SEEK is not just a one week experience, but a launchpad for mission."

—Brian Miller
Director of Evangelization, Archdiocese of St. Louis

SEEK

Learn more and register

Send Us an Email

FOCUS Parish is not a plug-and-play program. It's a partnership to ignite transformative discipleship in **YOU** to reach **YOUR** people. Reach out to learn more!

Name (Required)
First Name Last Name
Email (Required)
email@website.com

Every week, FOCUS sends out the best resources available to:

- Help you **grow** in your faith
- Improve your **evangelization** strategy
- Ignite your **community** on fire for Christ

Sign up for free right now!

SIGN UP NOW
First Name
Last Name
Email*
How are you connected to FOCUS?*
Benefactor
FOCUS Alumni
Mission Partner
Priest/Religious
Parishioner
Student
Other
SUBMIT



focus

WHAT WE DO
CHAPLAINS
CAMPUSES
GIVE
SHOP

MYFOCUS
CAREERS
PRAY
ANNUAL REPORTS
CONTACT

© 2024 FOCUS | Privacy Policy
Fellowship of Catholic University Students. Tax ID: #84-1522811

NOT A STUDENT? FIND OUT MORE ABOUT HOW TO GET INVOLVED WITH FOCUS IN YOUR PARISH!

focus STUDENTS PARISH SUPPORT A MISSIONARY GIVE MENU

FOCUS PARISH CLERGY PARISHIONERS RESOURCES



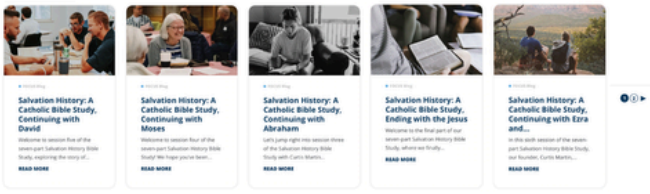


Bible Studies

Salvation History: A Bible Study, Beginning with Adam & Eve

Welcome to session one of the seven-part Salvation History Bible Study, led by our founder, Curtis Martin, alongside Dr. Edward Sri, theologian and Senior Vice President of Apostolic Outreach at FOCUS, with special guest Fr. Mike Schmitz, host of "The Bible in a Year" podcast!

Bible Studies



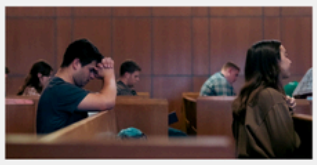
Salvation History: A Catholic Bible Study, Continuing with David
Welcome to session five of the seven-part Salvation History Bible Study, exploring the story of...
READ MORE

Salvation History: A Catholic Bible Study, Continuing with Moses
Welcome to session four of the seven-part Salvation History Bible Study! We hope you've been...
READ MORE

Salvation History: A Catholic Bible Study, Continuing with Abraham
Let's jump right into session three of the Salvation History Bible Study with Curtis Martin...
READ MORE

Salvation History: A Catholic Bible Study, Ending with the Jesus
Welcome to the final part of our seven-part Salvation History Bible Study, where we finally...
READ MORE

Salvation History: A Catholic Bible Study, Continuing with Ezra and...
In this sixth session of the seven-part Salvation History Bible Study, our founder, Curtis Martin,...
READ MORE



Prayer Guides

How to Pray: A Guide to Praying Lectio Divina

Lectio Divina is a Catholic practice of using Scripture to pray—it's like having a conversation with God through His words. You may be asking, "What is Lectio Divina?" The name means "divine reading," and it's all about letting the Bible speak to you on a deeper level. There are three easy steps to praying Lectio Divina, which we've outlined for you below.

Prayer Guides



focus

WHAT WE DO
CHAPLAINS
CAMPUSES
GIVE
SHOP

MYFOCUS
CAREERS
PRAY
ANNUAL REPORTS
CONTACT

© 2024 FOCUS | Privacy Policy
Fellowship of Catholic University Students. Tax ID: #84-1522811

AMORE FERTILITY

Welcome to Amore Fertility – Your Partner in Marquette Method NFP



Hi!

I'm Veronica Pool. I'm a Physician Assistant and Marquette Method Student Teacher practicing under the mentorship of a preceptor. I created Amore Fertility to help women and couples really understand their cycles. The Marquette Method is a modern, smart way to track your fertility — clear, accurate, and way simpler than traditional NFP methods. It helps couples plan or avoid pregnancy naturally, and once you get it, you'll wonder how you ever did it any other way.

Learn About Amore Fertility

What is the Marquette Method?

First off, why the Marquette Method?

The Marquette Method is a scientifically validated Natural Family Planning method that uses hormone testing to help women and couples understand the woman's unique cycle, identify her fertile window, and confidently navigate their fertility journey—whether their goal is to avoid or achieve pregnancy.

The Marquette Method works by tracking your hormone levels at home, giving you insight into your unique cycle. This allows you to identify your fertile and infertile phases so you can plan naturally. Optional fertility signs can also be tracked for additional insight. The Marquette Method enables natural fertility management while avoiding the health risks and side effects of synthetic hormones.

Learn More About the Method

Register for a Marquette Method Class

Choose the class that best fits your season, then **complete all 3 steps** as directed to schedule your session. If you're unsure which class is right for you or have any questions before getting started, please send me a message through the Contact page—I'd be happy to help you choose the best fit.

START NOW



The Marquette Method - Classic : $150

START NOW

Understand how hormonal biomarkers & fertility monitor data work together to provide clear, objective insight into your body. Learn the Marquette Method protocol, using the Clearblue Fertility Monitor to identify your fertile window with clarity and confidence. Designed for those seeking insight to their cycles, women with regular or irregular cycles including PMOS, postpartum women who are not breastfeeding or who have had at least 4 cycles since their baby was born, and for couples seeking to achieve or avoid pregnancy.

Breastfeeding Protocol : $175

START NOW

For postpartum women: Learn how hormonal biomarkers, fertility monitor data, and breastfeeding patterns reveal the return of fertility with clarity and confidence, even before the return of your menstrual cycle. Protocol specific to breastfeeding using the Marquette Method. Designed for

CARE FOR PEOPLE. CHANGE THE WORLD.

We envision a different world: one where everyone has access to a better life. And we believe it's possible. It starts with each of us.

Together, we can help people struggling in hard-to-reach places get the essential care they need.

Why join the ICFP community? What makes us different from other aid organizations?

We practice a model of community-centered, co-created development projects. Rather than duplicating Western aid models in different field countries, every single project we support is built and contextualized around each community's specific region, tribe, culture, and needs. We work to train and equip local community leaders. All of our work in partner communities is fully governed, operated, and managed by Indigenous and women leaders.

When it comes to our work and approach, we focus on equipping the most marginalized, vulnerable, and stigmatized populations with access to the development support they need. The ultimate goal is to enable individuals and communities to achieve holistic, self-sustaining community transformation.

We invite you to be part of this life-changing community! It all starts with saying two of the most powerful words: *I care.*



LEARN MORE → DONATE

CARE FOR PEOPLE

Home About Us Our Projects Our Community DONATE

ABOUT US

ICFP is built around the idea that changing the world starts with one simple thing**: caring for people.**

We are an India-based nonprofit that is pioneering a model of holistic community transformation catalyzed by equipping local Indigenous leaders to build individualized solutions to systemic issues within their own communities. We believe the future of developmental aid is collaborative and community-led. Our ultimate goal is to equip some of the most hard-to-reach impoverished communities towards self-sustaining transformation through education, economic empowerment, and locally-led development projects.

To do this, we rely on our global community coming together to advance and support the holistic development projects that we are equipping local, Indigenous and women leaders to implement in their own communities across India. These range from building training and vocational centers, to mental health care, clean water solutions, and much more.

Thank you for being here and learning more about our work!





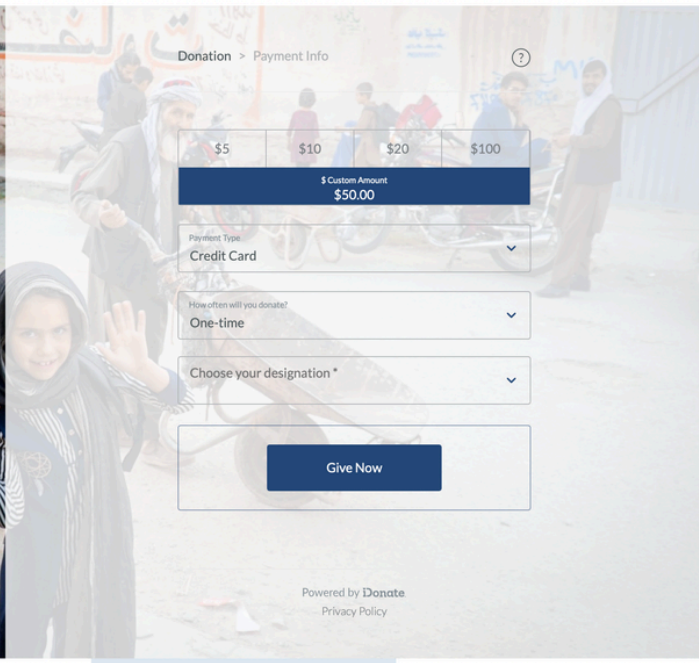




BEFORE YOU CHECK OUT OUR COMMUNITY, SUPPORT US AND GET ADDED TO OUR ONLINE COMMUNITY.

Why should you support us? Well, giving to ICFP enters you into the ICFP community, meaning you're going to get some pretty cool perks including highlight(s) on our various platforms, unique gifts, and more.







Community Highlight: Why

Stay up to date on our latest blog posts and news stories.

THE JOURNEY OF AN ICFP GIFT

You decide to give
Once you've joined our community, we hope you'll decide to support our friends and projects on the ground.

START HERE

You send your gift
With the click of that "Donate" button, your gift is on its way to our team on the ground!

Your gift is received
Depending on if you specified which project to support, your gift is sent out to our teams.

Care is received
No matter what sort of project you chose to support, your gift will change a life (or 2, or 20!)

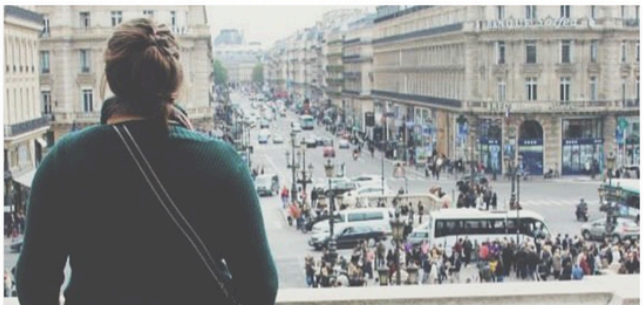
Go team!
Thought your gift ended there? Nope! Together, we did it. Now you're part of the ICFP community and will receive updates and other perks.

Community Highlight: Why Mental Health Care Access Is Important

January 18, 2023

"If you make listening and observation your occupation, you will gain much more than you can by talk." - Robert Baden-Powell As someone who has always enjoyed literature, a movie or tv show with an intriguing and complex plot, or simply...

READ MORE



GRAPHIC DESIGN

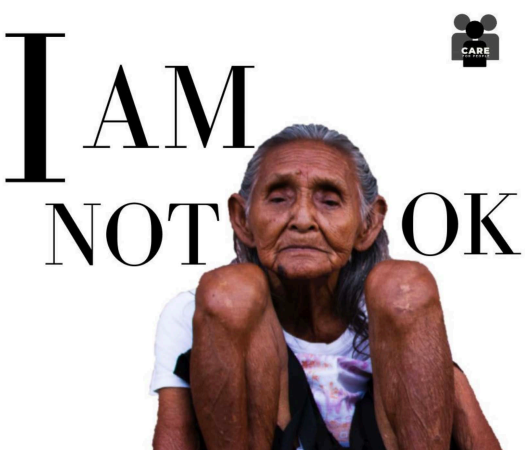
GRAPHIC
DESIGN

I Care For People
@icfpeople







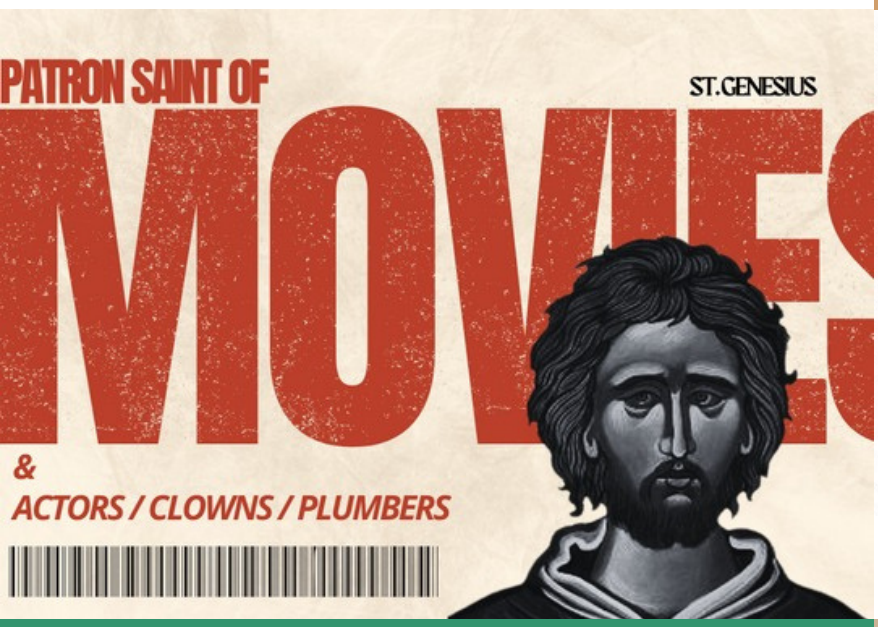


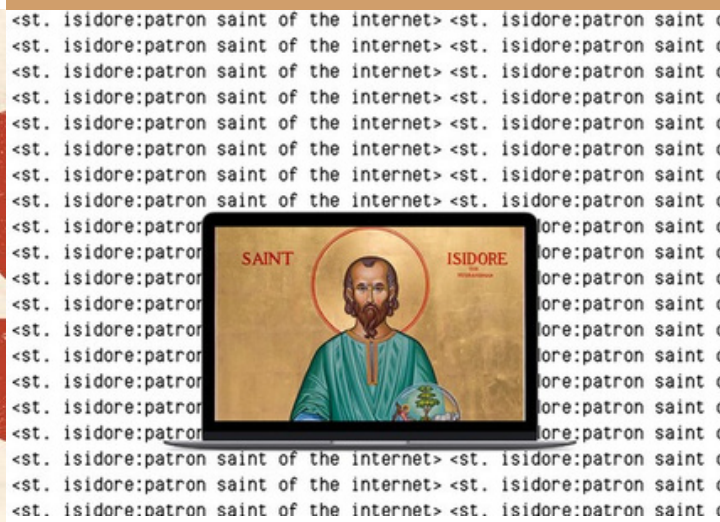


GRAPHIC
DESIGN

FOCUS
(Fellowship of Catholic University Students)
@focuscatholic

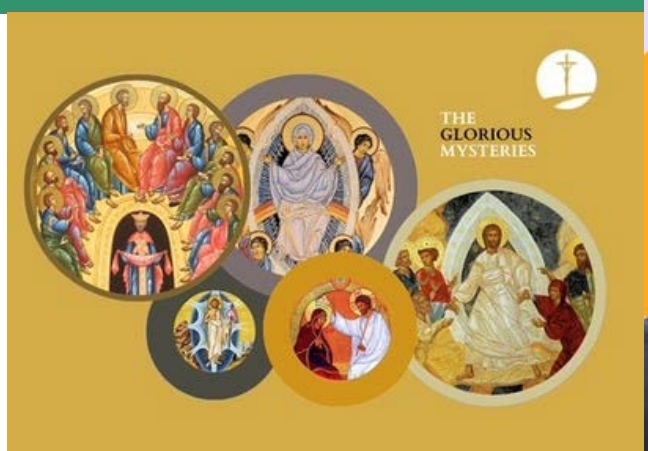














GRAPHIC
DESIGN

FOCUS
(Fellowship of Catholic University Students)
@focuscatholic











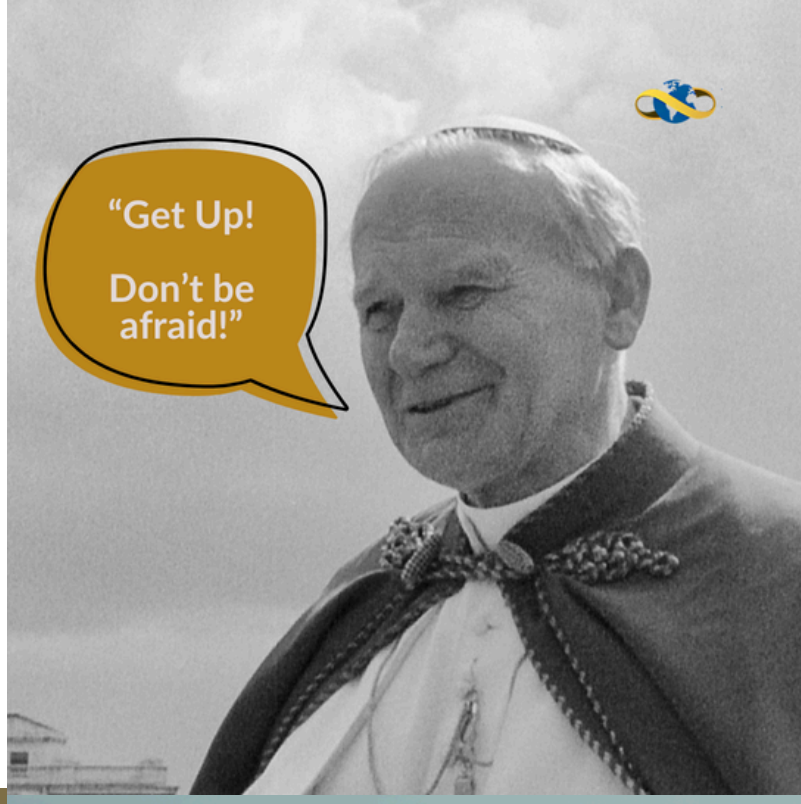
HOW TO PRAY
THE ANGELUS

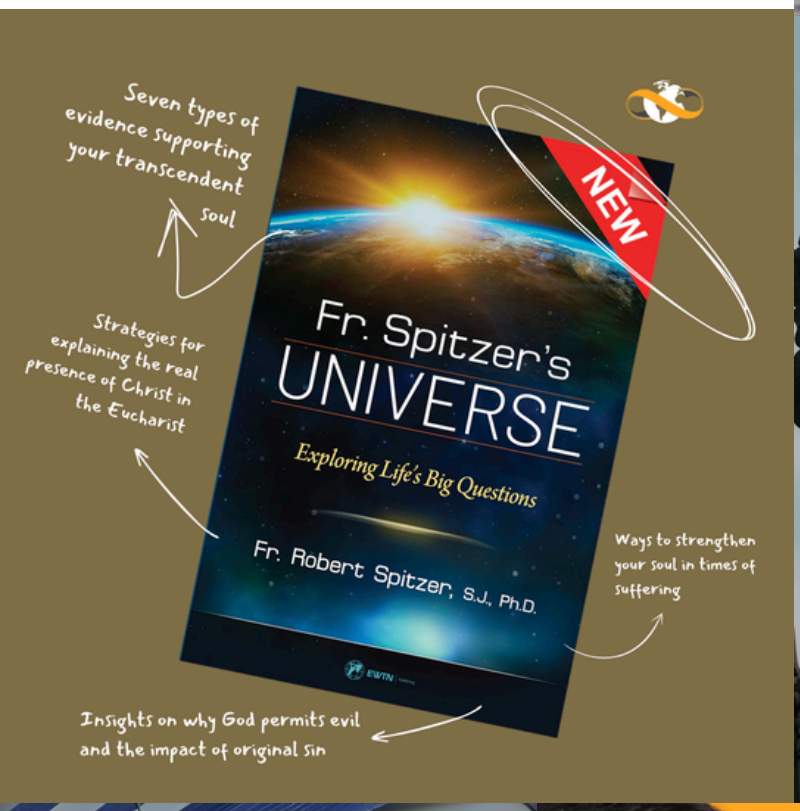
V. The Angel of the Lord declared unto Mary,
R. And she conceived of the Holy Spirit.
Hail Mary... full of grace, the Lord is with you;
blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners
now and at the hour of our death.
Amen.
V. Behold the handmaid of the Lord,
R. Be it done unto me according to thy word.
Hail Mary...
V. And the Word was made flesh,
R. And dwelt among us.
Hail Mary...
V. Pray for us, O Holy Mother of God,
R. That we may be made worthy of the
promises of Christ.
Let us pray.
Pour forth, we beseech Thee, O Lord, Thy
grace into our hearts;
that we, to whom the Incarnation of Christ, Thy
Son,
was made known by the message of an angel,
may by His Passion and Cross
be brought to the glory of His Resurrection,
through the same Christ our Lord.
Amen.



GRAPHIC
DESIGN

Magis Center
@magiscenter

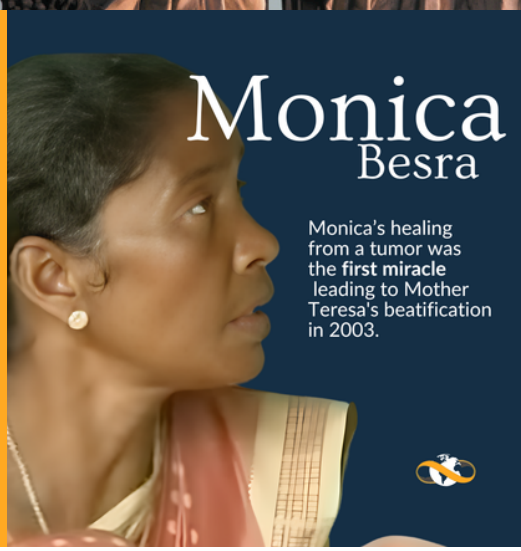












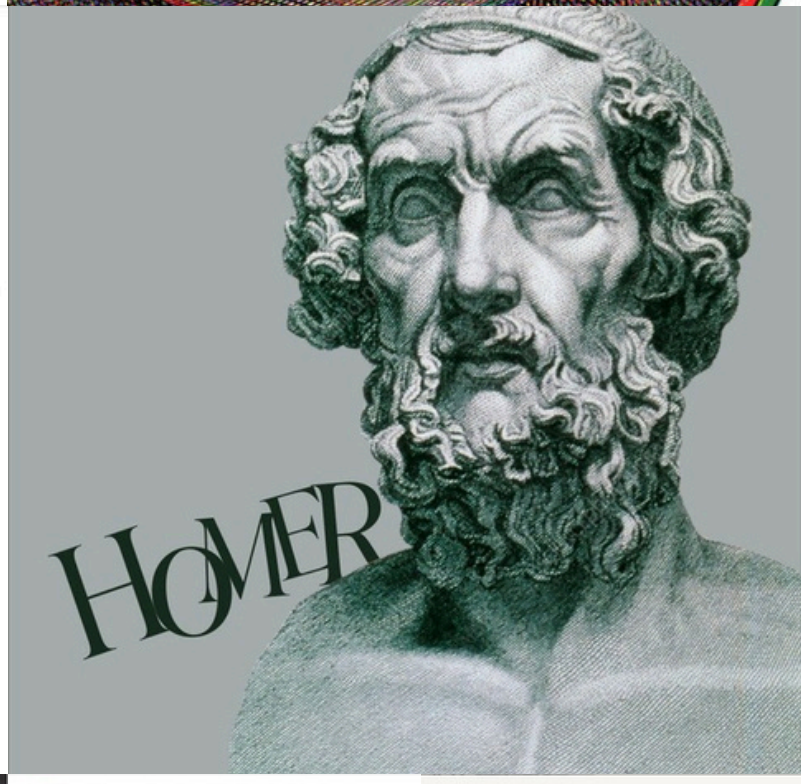
GRAPHIC
DESIGN

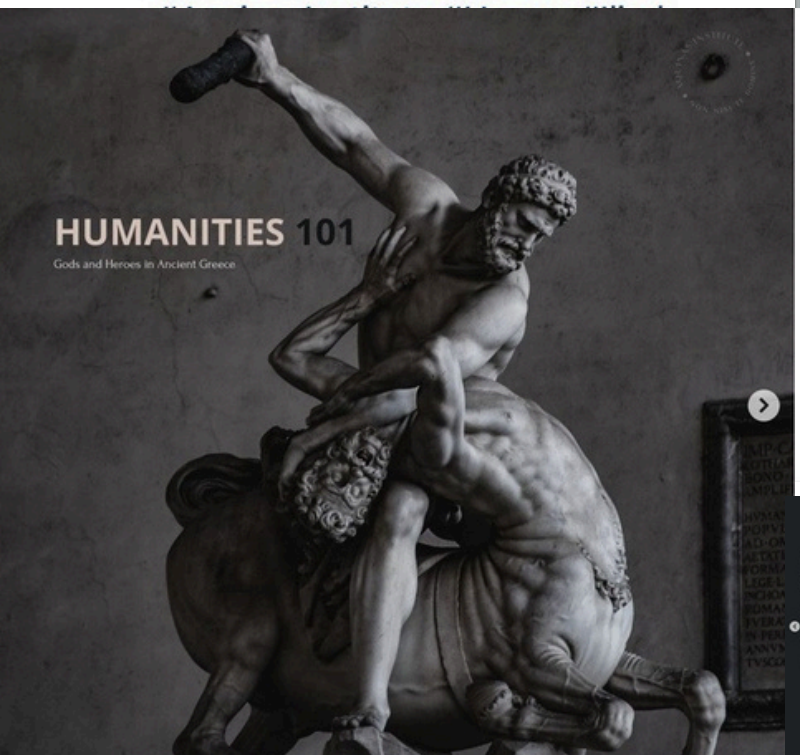
The Aquinas Institute
@theaquinasinstitute



theaquinasinstitute Homer is an old friend to the classroom. So old, in fact, that his presence there dates back to ancient times. The "Iliad" and the "Odyssey" were widely used as school texts in ancient Greek and Hellenistic cultures, and they were the first literary works taught to all students, according to historians.

So, if you have read or are currently reading Homer in school, you're joining students from ages past in experiencing the adventure of the "Iliad" and the "Odyssey." Pretty cool, huh?



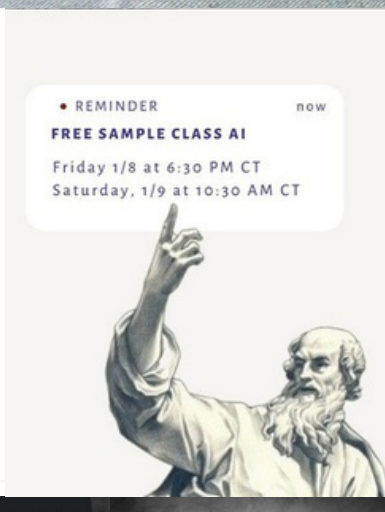


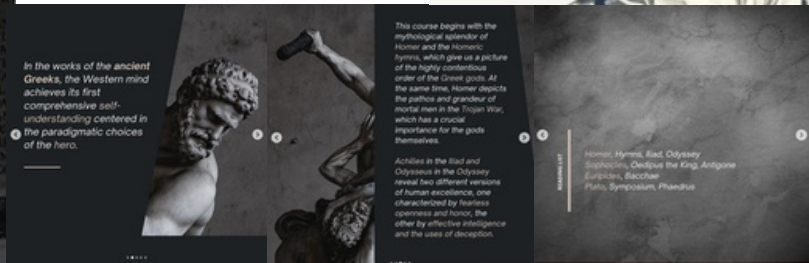
theaquinasinstitute First up in our 2021 course series is Humanities 101: Gods and Heroes in Ancient Greece.

Dive deep into the myths and legends of the Ancient Greeks. Discuss the elements that make up our humanity and how these stories and ideas have shaped our culture throughout the ages. Share your own discoveries and and encounter new ones by engaging with your fellow classmates.

Scroll through to see the course description, reading list, and meet your professor!

Head to our website in our bio to learn more about accreditation and enrollment.





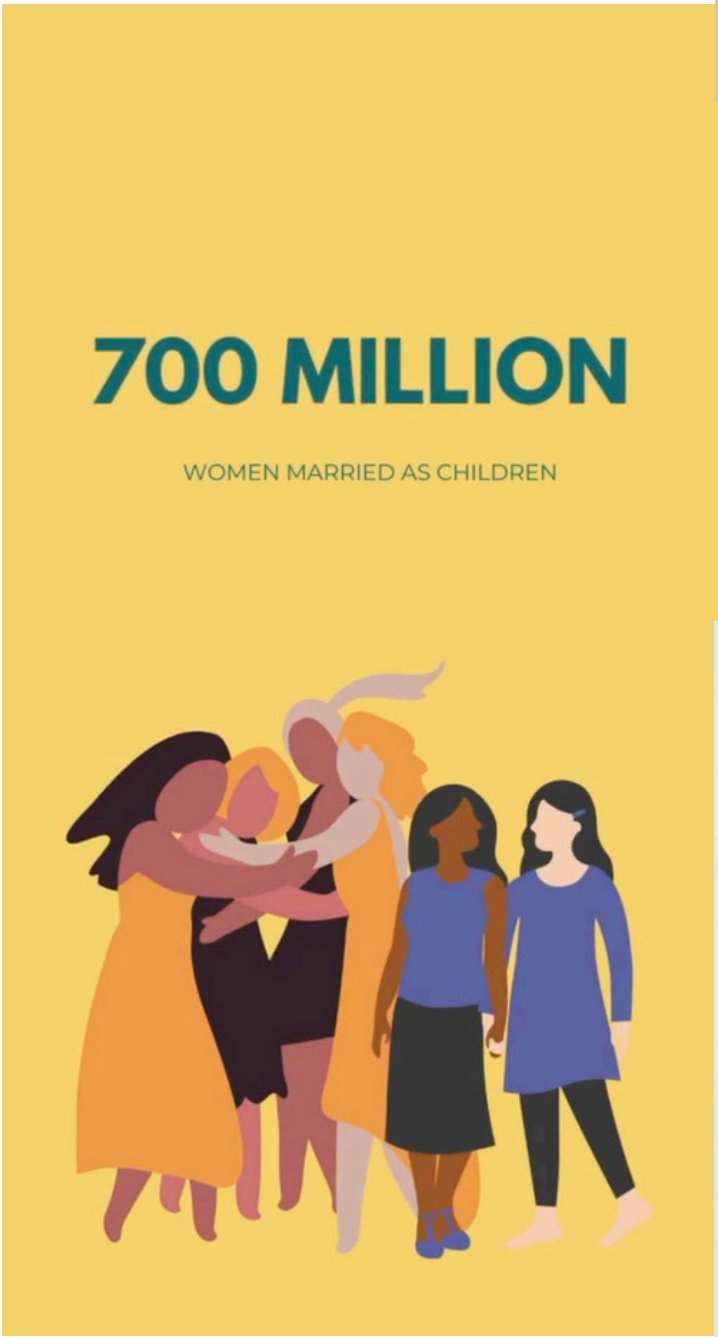
WORK EXAMPLES

SOCIAL MEDIA DESIGN

PCI Media
@pcimedia









pcimedia International Day of the Girl 2021

A single production has the potential to reach 160 million people at 10 cents per viewer.

For $100 you can educate and influence about 1,000 people, and change the story for millions of girls.

Join us in supporting media that makes change. Head to the link in our bio to find out how.

12w

pcimedia What makes a PCI team member?

Our staff are: creative, innovative, inspired, passionate, motivated, leaders, communicators, and so much more.

Sound like you? Give the link in our bio a look and see if you could be the newest addition to the PCI team!

WORK EXAMPLES

SOCIAL MEDIA DESIGN

Freedom2:
@freedom2uk

(Please click images with a "play" button to see full posts)







